



INSTRUCTIONAL HOURS: 1.5
RECOMMENDED PRE-REQUISITE(S): N/A
CO-REQUISITES: N/A
APPROVED FOR USE IN ACADEMIC SEMESTERS: 2013-2014

COURSE DESCRIPTION:

Learn the Gayatri mantra and Mahamrityunjay Mantra from the ancient literatures of India without having to take a long flight overseas! In this fast pace of life, repeating this mantra created by Gayatri Japa helps you to establish self-purification. It is a mantra infused with empowerment and is accessible to all. The Gayatri mantra, the mightiest of the Vedic mantras, is a prayer to the Sun god to alleviate one from all human impurities, physical dissipation and to bestow knowledge, health and longevity. It is the mantra to be recited in the morning upon rising before the Sun begins to appear, at noon when the Sun is in the apex and in the evening as the Sun sets, three times a day. Enrich your life by adding another sacred moment to it by learning this mantra.

RATIONALE:

Learning Gayatri Mantra and Mahamrityunjay Mantra

COURSE DELIVERY:

The course content will be presented through a blend of instructional methods which may include lecture, discussion, Internet, independent study, videos and hands-on activities.

LEARNING OBJECTIVES/OUTCOMES:

Upon successful completion of this course, the student will be able to:

- Recite and understand Gayatri Mantra
- Recite and understand Mahamrityunjay Mantra
- Learners will learn the correct way of pronouncing the Sanskrit words of the mantra

TOPICS

- Gayatri Mantra
- Mahamrityunjay Mantra

REQUIRED COURSE MATERIAL: (to be purchased by the learner)

Not applicable.

STUDENT EVALUATION

The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

Teaching Contact Indrani Bhattacharjee

Academic Manager Signature "Ted Newbery"

NOTICE TO ALL
STUDENTS:

We urge you to retain this course outline for future reference. There is a charge for additional copies.